



Menu - Week 1

Allergens in bold, including allergens in the setting

Day	Breakfast 8.30 Water or Milk	Snack Water or Milk	Lunch 11.45 Water	Tea 3.15 Water
Monday	A selection of cereals  Weetabix ( <b>Wheat, Barley</b> ) Rice Snaps ( <b>Barley</b> )	Breadsticks <b>Wheat, Barley</b>	Macaroni Cheese with Cauliflower <b>Milk, Mustard, Soya, Wheat</b>  Melon slices	Beef Cottage Pie with Carrots <b>Wheat, Soya</b> V- Meat Free Cottage Pie with Carrots <b>Wheat, Soya, Barley</b> Apple slices
Tuesday	Multigrain hoops ( <b>Wheat, Oats, Barley</b> ) served with toast ( <b>Wheat</b> ) or fresh fruits	Bananas	Chicken Korma and Rice <b>Wheat, Milk</b> V – Paneer Korma and Rice <b>Wheat, Milk</b> Fruit Yogurt <b>Milk</b>	Cheese, Bean and Potato Pie <b>Milk</b>  Watermelon
Wednesday		Rice cakes	Paneer and Pea Curry, Rice and Naan Bread <b>Milk, Wheat</b>  Bananas	Beef Pasta Bake with Broccoli <b>Wheat</b> V – Vegetable Pasta Bake with Broccoli <b>Wheat</b> Pears
Thursday		Cream crackers with spread <b>Wheat</b>	Jacket Potatoes with Baked Beans and Cheese <b>Milk</b>  Watermelon	Vegetable Pasta in Tomato Sauce with Crusty bread <b>Wheat</b> Fruit yogurt <b>Milk</b>
Friday		Apple Slices	Tuna and Sweetcorn Pasta Bake with Garlic Bread <b>Fish, Wheat</b> V – Vegetable Pasta with Garlic Bread <b>Wheat</b> Strawberries and Blueberries	Sweet and Sour Chicken with Rice  V – Sweet and Sour Vegetables with Rice  Satsumas



**Menu - Week 2**

<b>Day</b>	<b>Breakfast 8.30-9.00</b> Water or milk	<b>Snack</b> Water or Milk	<b>Lunch 11.45</b> Water	<b>Tea 3.15</b> Water
<b>Monday</b>	A selection of cereals  <b>Weetabix (Wheat, Barley)</b>  <b>Rice Snaps (Barley)</b> Multigrain hoops <b>(Wheat, Oats, Barley)</b> served with wholemeal toast <b>(Wheat)</b> or fresh fruits	Breadsticks <b>Wheat, Barley</b>	Chicken Tikka Masala with Rice <b>V – Paneer Tikka Masala with Rice</b> <b>Milk</b> Watermelon Slices	Macaroni Cheese with Cauliflower <b>Wheat, Milk, Mustard, Soya</b>  Apple Slices
<b>Tuesday</b>		Bananas	Roast Chicken, Mashed Potatoes and Sweetcorn with Gravy <b>Wheat, Soya</b> <b>V- Vegetable Fingers, Mashed potatoes and Sweetcorn</b> <b>Wheat, Soya</b> Melon Slices	Spaghetti Beef Bolognese with Garlic Bread <b>Wheat</b> <b>V- Vegetable Bolognese with Garlic Bread</b> <b>Wheat, Soya, Barley</b> Fromage Frais <b>Milk</b>
<b>Wednesday</b>		Rice cakes	Chana Masala, Rice and Naan Bread <b>Chickpeas, Wheat</b> Satsumas	Cheese, Bean and Potato Pie <b>Milk</b> Fruit Yogurt <b>Milk</b>
<b>Thursday</b>		Cream crackers with spread <b>Wheat</b>	Fish Fingers, Potato Wedges with Peas <b>Fish, Wheat</b> <b>V-Vegetable Fingers, Potato Wedges with Peas</b> <b>Wheat</b> Fruit Yogurt <b>Milk</b>	Beef Chilli Con Carne with Rice <b>V – Vegetarian Chilli with Rice</b> <b>Soya, Barley</b>  Pears
<b>Friday</b>		Pears	Vegetable Pasta in Tomato Sauce with Crusty Bread <b>Wheat</b> Bananas	Jacket Potatoes with Baked Beans and Cheese <b>Milk</b> Watermelon